



LUBA Method

FIELD SHEET

Generic Workstation and Assessment Information

Workstation identifier	
Description	
Company	
Departament / Area	
Secction	

Evaluator Information

Evaluating Company	
Evaluator's Name	
Evaluation Date	

Datos del trabajador

Worker data	
Gender	
Age	
Seniority in the position	
Time occupying the workstation per day	
Duration of workday	

Remarks

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The person is:

SITTING

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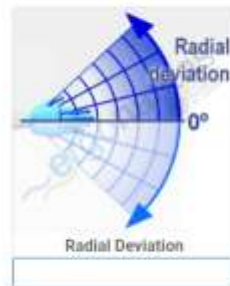
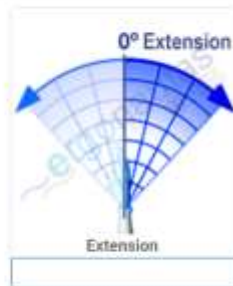
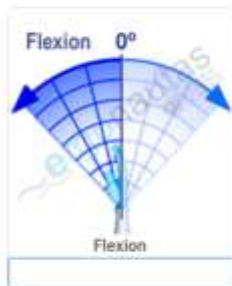
STANDING

☐

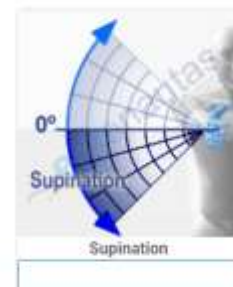
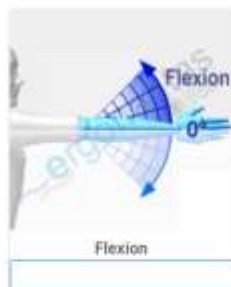
RIGHT SIDE OF THE BODY

Enter the postural angles

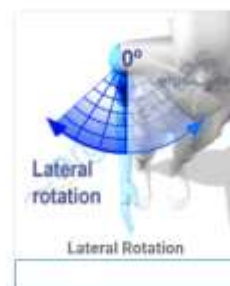
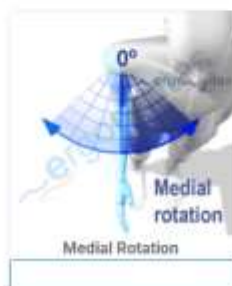
WRIST



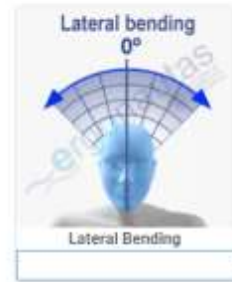
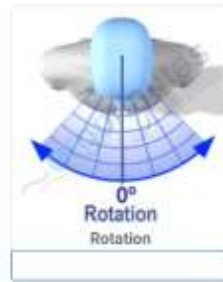
ELBOW



SHOULDER



NECK



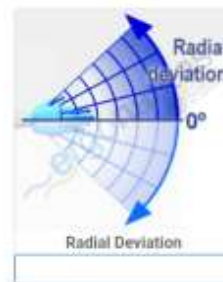
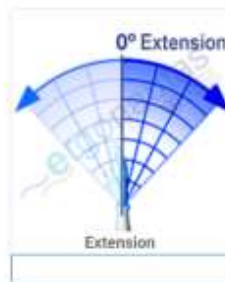
TRUNK



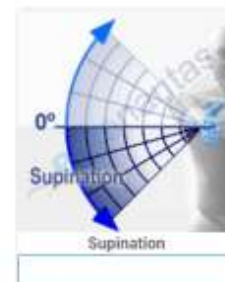
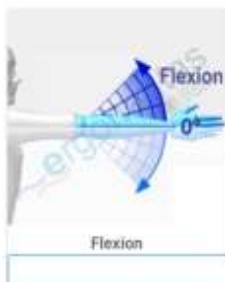
LEFT SIDE OF THE BODY

Enter the postural angles

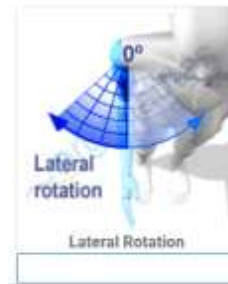
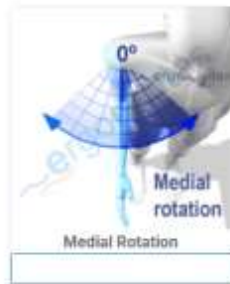
WRIST



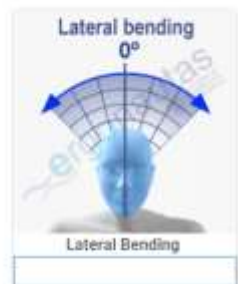
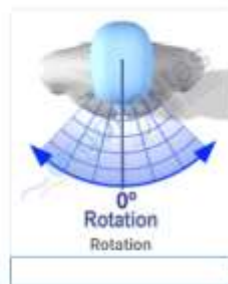
ELBOW



SHOULDER



NECK



TRUNK

